

Population Statistics 2022



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About This Report

The population data shown in this report is based on records of residents actively registered with Manitoba Health as of June 1, 2022 and published by Manitoba Health and Seniors Care (<https://www.gov.mb.ca/health/population/>). This population database is considered a reliable and accurate estimate of population sizes, and is helpful for understanding trends and useful for health planning purposes.

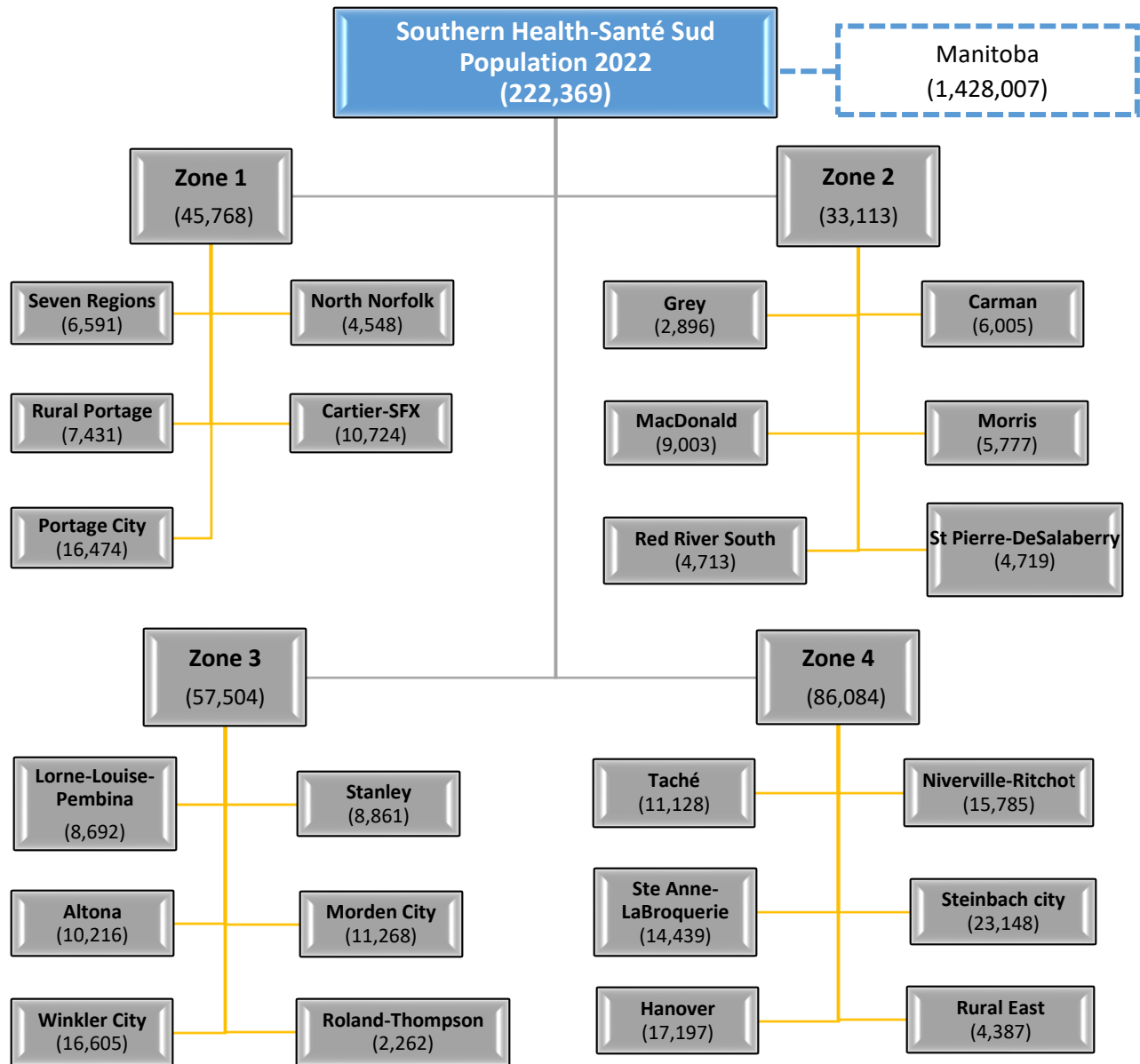
Label Change to Population Report

The population report is organized by four smaller geographies within Southern Health-Santé Sud. In previous reports this was referred to as “areas”, however going forward this will be referred to as “zones”.

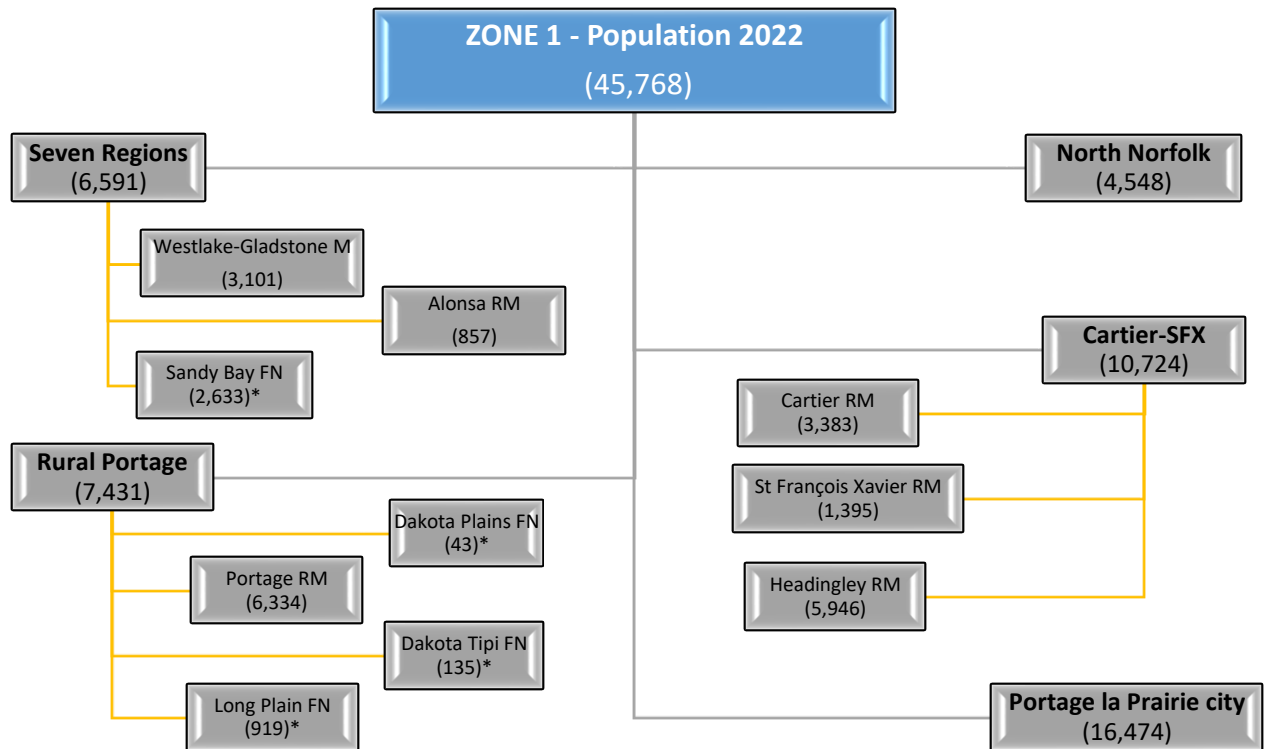
New Zone	Former Area
Zone 1	North area
Zone 2	Mid area
Zone 3	West area
Zone 4	East area



2022 Population - Southern Health-Santé Sud

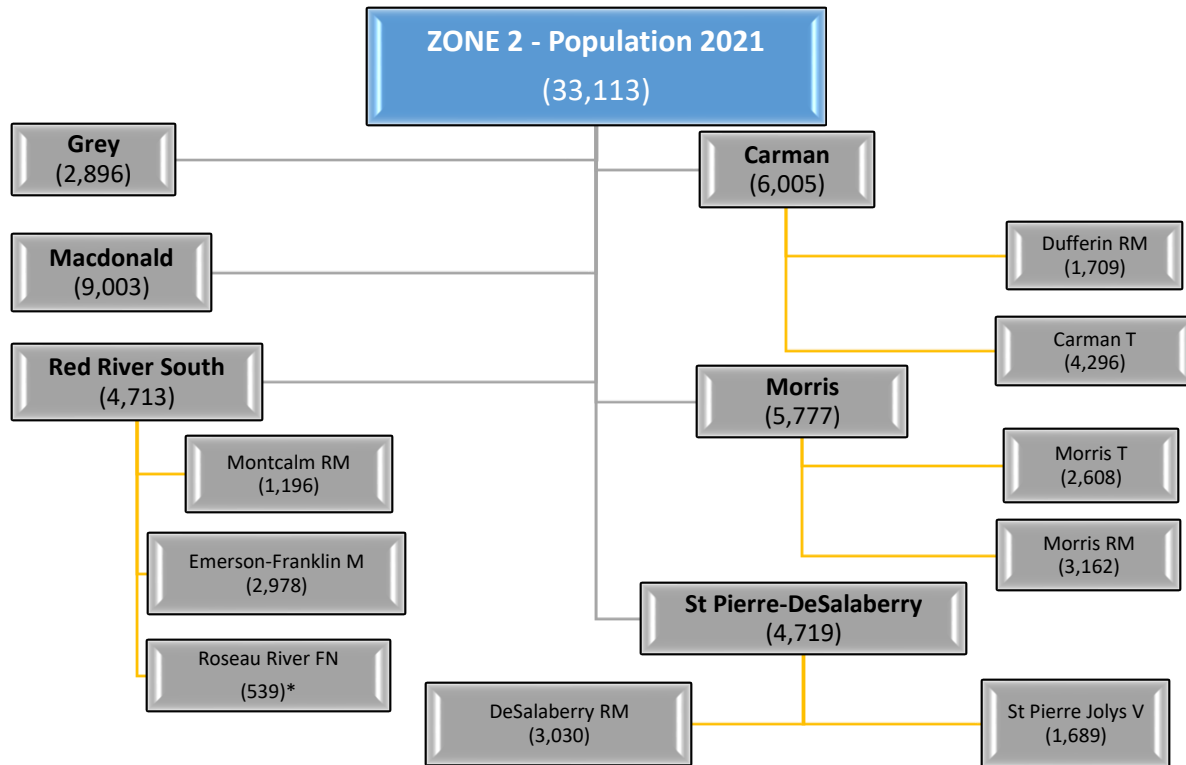


Zone 1 – Population 2022



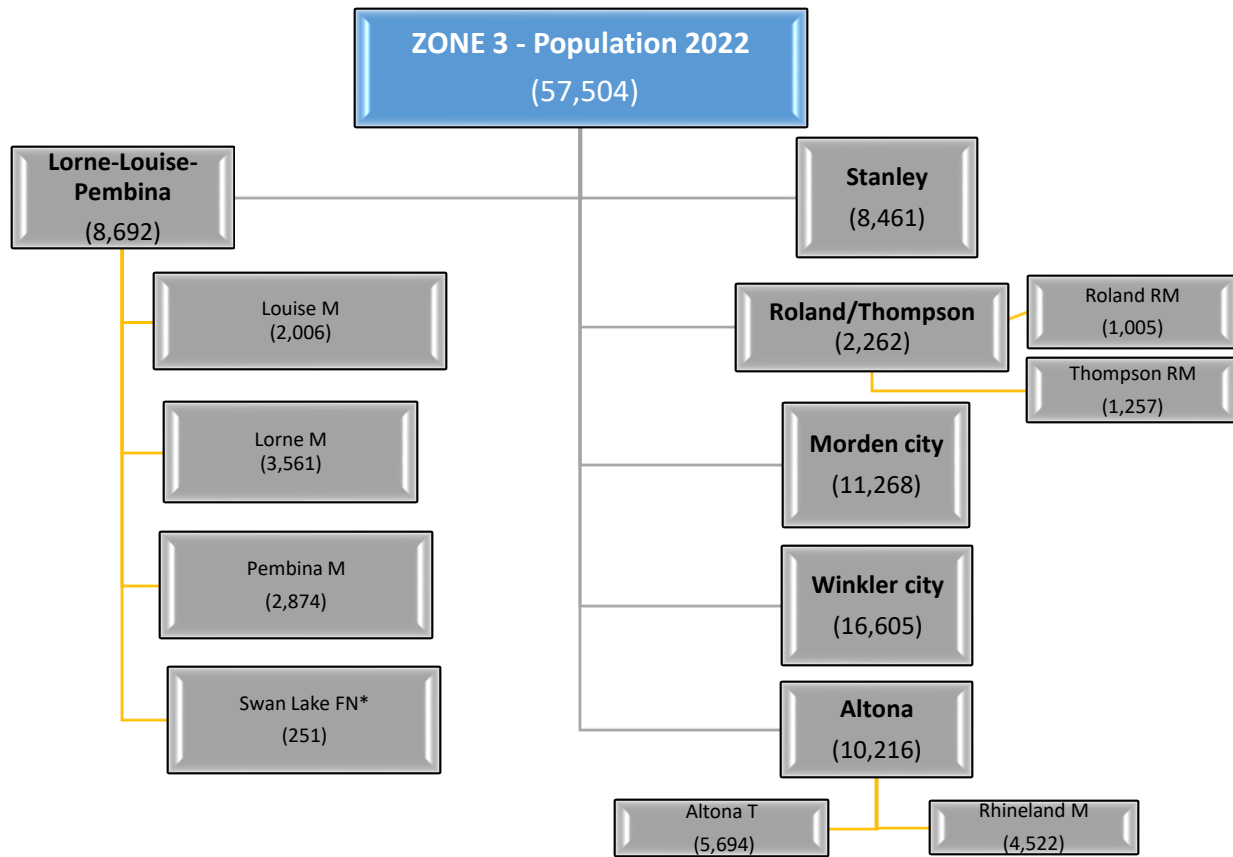
ZONE 1	2022	2021	Pop. Change	Percent Change	
DISTRICT: Seven Regions	6,591	6,499	92	1.4	%
Westlake-Gladstone Municipality	3,101	3,052	49	1.6	%
Alonsa RM	857	848	9	1.1	%
Sandy Bay Ojibway First Nations*	2,633	2,599	34	1.3	%
DISTRICT: Rural Portage	7,431	7,308	123	1.7	%
Dakota Tipi First Nation*	135	137	-2	-1.5	%
Dakota Plains First Nation*	43	43	0	0.0	%
Long Plain First Nation*	919	931	-12	-1.3	%
Portage RM	6,334	6,197	137	2.2	%
DISTRICT: North Norfolk Municipality	4,548	4,532	16	0.4	%
DISTRICT: Cartier-SFX	10,724	9,906	818	8.3	%
Cartier RM	3,383	3,267	116	3.6	%
St Francois Xavier RM	1,395	1,386	9	0.6	%
Headingley RM	5,946	5,253	693	13.2	%
DISTRICT: Portage la Prairie City	16,474	16,124	350	2.2	%
ZONE 1 SUBTOTAL	45,768	44,369	1,399	3.2	%

Zone 2 – Population 2022



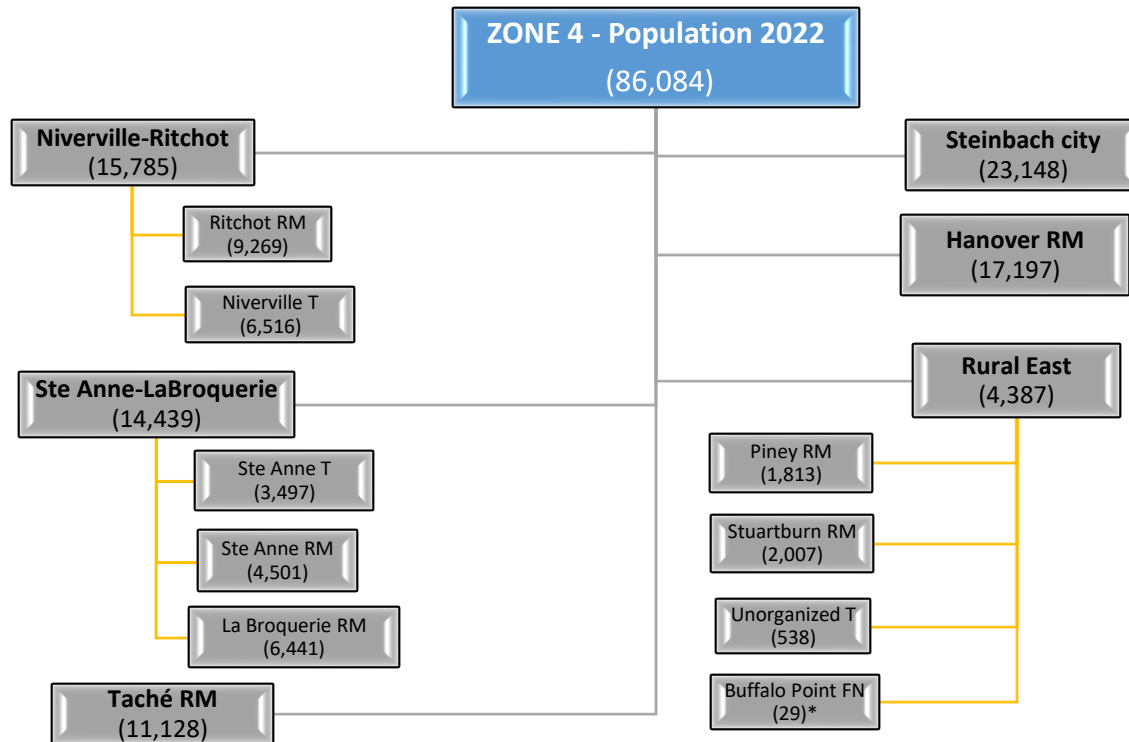
ZONE 2 SUBTOTAL	2022	2021	Pop. Change	Percent Change	
DISTRICT: Grey Municipality	2,896	2,916	-20	-0.7	%
DISTRICT: Macdonald RM	9,003	8,728	275	3.2	%
DISTRICT: Red River South	4,713	4,646	67	1.4	
Emerson-Franklin Municipality	2,978	2,962	16	0.5	%
Montcalm RM	1,196	1,163	33	2.8	%
Roseau River Anishinabe FN*	539	521	18	3.5	%
DISTRICT: Carman	6,005	5,933	72	1.2	%
Carman T	4,296	4,232	64	1.5	%
Dufferin RM	1,709	1,701	8	0.5	%
DISTRICT: Morris	5,777	5,601	176	3.1	%
Morris RM	3,162	3,082	80	2.6	%
Morris T	2,608	2,519	89	3.5	%
DISTRICT: St. Pierre-De Salaberry	4,719	4,629	90	1.9	%
St. Pierre Jolys V	1,689	1,672	17	1.0	%
De Salaberry RM	3,030	2,957	73	2.5	%
ZONE 2 SUBTOTAL	33,113	32,453	660	2.0	%

Zone 3 – Population 2022



ZONE 3 SUBTOTAL	2022	2021	Pop. Change	Percent Change	
DISTRICT: Lorne/Louise/Pembina	8,692	8,488	204	2.4	%
Lorne Municipality	3,561	3,571	-10	-0.3	%
Louise Municipality	2,006	1,985	21	1.1	%
Pembina Municipality	2,874	2,689	185	6.9	%
Swan Lake FN*	251	243	8	3.3	%
DISTRICT: Altona	10,216	10,084	132	1.3	%
Rhineland Municipality	4,522	4,482	40	0.9	%
Altona T	5,694	5,602	92	1.6	%
DISTRICT: Stanley	8,461	6,423	2,038	31.7	%
DISTRICT: Roland/Thompson	2,262	2,190	72	3.3	%
Roland RM	1,005	963	42	4.4	%
Thompson RM	1,257	1,227	30	2.4	%
DISTRICT: Morden City	11,268	11,295	-27	-0.2	%
DISTRICT: Winkler City	16,605	17,762	-1,157	-6.5	%
ZONE 3 SUBTOTAL	57,504	56,242	1,262	2.2	%

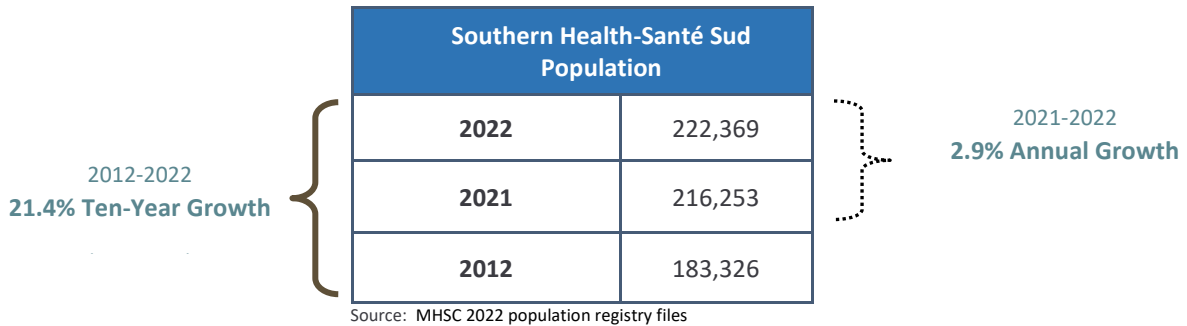
Zone 4 – Population 2022



ZONE 4 SUBTOTAL	2022	2021	Pop. Change	Percent Change	
DISTRICT: Niverville-Ritchot	15,785	15,270	515	3.4	%
Niverville T	6,516	6,297	219	3.5	%
Ritchot RM	9,269	8,973	296	3.3	%
DISTRICT: Ste. Anne-La Broquerie	14,439	13,949	490	3.5	%
Ste. Anne T	3,497	3,392	105	3.1	%
Ste. Anne RM	4,501	4,410	91	2.1	%
La Broquerie RM	6,441	6,147	294	4.8	%
DISTRICT: Taché	11,128	10,864	264	2.4	%
DISTRICT: Steinbach City	23,148	22,185	963	4.3	%
DISTRICT: Hanover	17,197	16,642	555	3.3	%
DISTRICT: Rural East	4,387	4,279	108	2.5	%
Piney RM	1,813	1,804	9	0.5	%
Stuartburn RM	2,007	1,927	80	4.2	%
Unorganized Territory	538	520	18	3.5	%
Buffalo Point FN*	29	28	1	3.6	%
ZONE 4 SUBTOTAL	86,084	83,189	2,895	3.5	%

10 Year Population Growth (2012-2022)

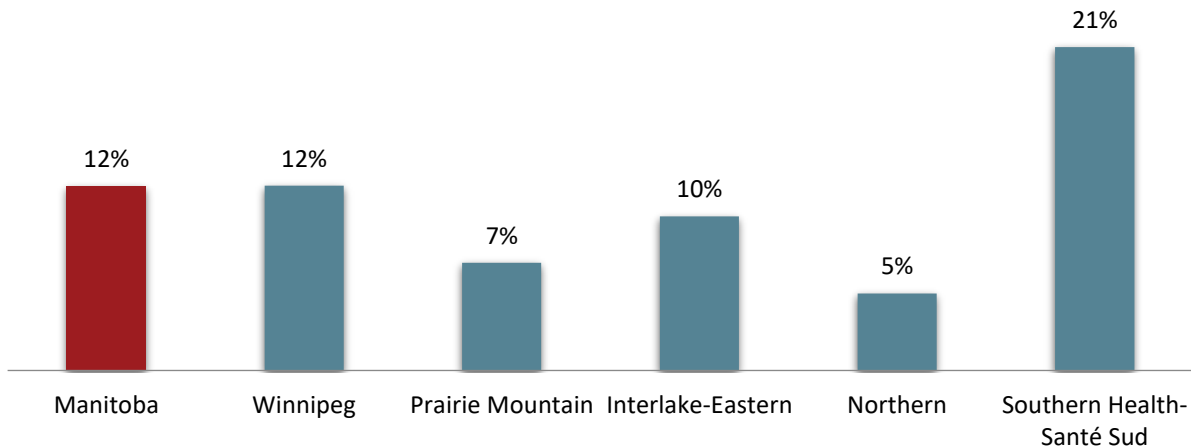
As shown below, the 2022 population for the Southern Health-Santé Sud was **222,369** with an annual growth rate of 2.9%, and a ten-year growth rate of 21.4%. This translates to 6,216 more residents in the past year (2021 to 2022) and to 39,143 more residents in the past ten years (2012 to 2022).



Manitoba RHA Comparisons

Southern Health-Santé Sud continues to have the fastest growing population in Manitoba. It has grown by 21% in the past decade which is the highest in the province. The Manitoba average growth rate for this time period was 12%.

Manitoba Regional Health Authorities Population Change 2012-2022.



Source: Manitoba Health,, Population Report 2012 and 2022

As shown below, Manitoba has grown over 156,500 residents over the past decade. Winnipeg, during this time period, represented over 90,500 new residents and contributed to 57.8% of the Manitoba growth. Nevertheless, Southern Health-Santé Sud’s contribution of 24.9%, was the largest volume growth among rural RHAs. This population growth pattern for regions across Manitoba has been fairly consistent over the years.

Population Change among Manitoba Regional Health Authorities, 2012-2022.

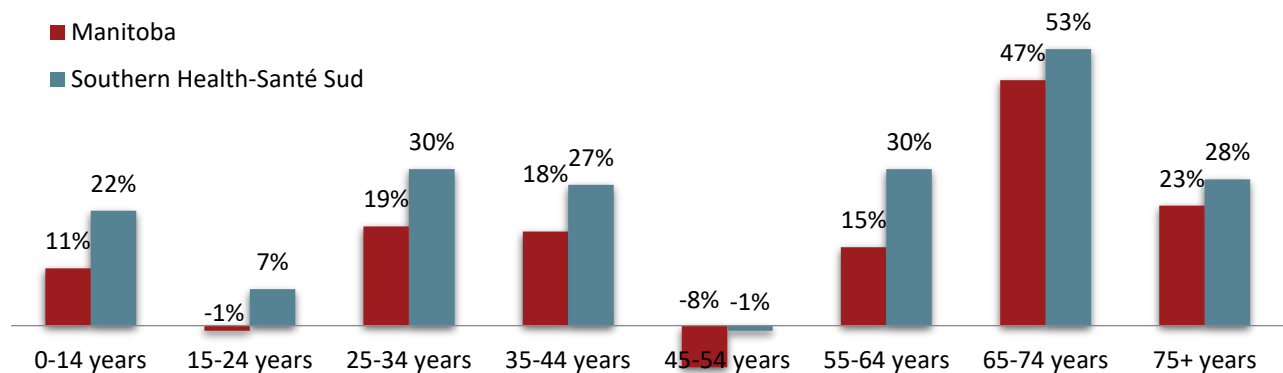
Regional Health Authority	Population 2022	Population 2012	Population Change	Contribution to Manitoba Growth	
Winnipeg (WRHA-incl. Churchill)	814,034	723,491	90,543	57.8	%
Prairie Mountain Health	176,461	165,676	10,785	6.9	%
Interlake-Eastern	137,300	124,720	12,580	8.0	%
Northern	77,843	74,175	3,668	2.3	%
Southern Health-Santé Sud	222,369	183,326	39,043	24.9	%
Manitoba	1,428,007	1,271,388	156,619	100.0	%

Source: Manitoba Health 2012 and 2022 population registry files

Age Group Comparisons

Southern Health-Santé Sud’s population continues to grow across almost all age groups. In particular, it is worth noting that while Manitoba has only grown by 11% in the youngest age group (0-14 years), the region has grown by 22% in the youngest age group (0-14 years). The graph also depicts an aging population with the fastest growing cohort between 65-74 years (“baby boomers”).

Population Change by Age Group, Manitoba and Southern Health-Santé Sud, 2012-2022.

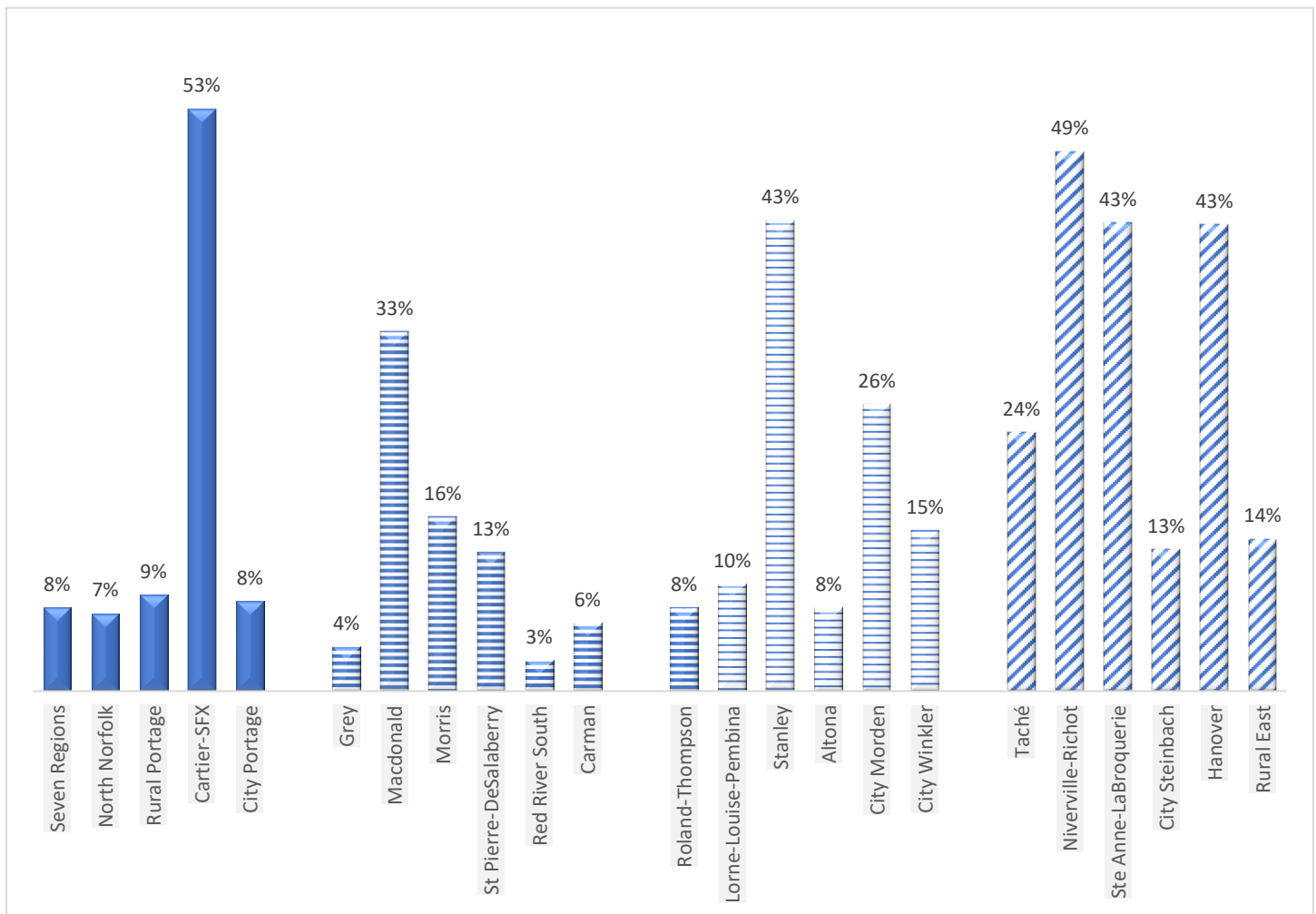


Source: Manitoba Health, Population Report 2012 and 2022

District and Municipal Population Change

The figure below shows the population growth within the region by districts. The district of Cartier-SFX experienced the highest rate of growth at 53%. The districts which experienced a lot of population change (25 percent or more), included: Cartier-SFX, Niverville-Ritchot, Macdonald, Stanley, Morden city, Winkler city, Ste Anne-LaBroquerie and Hanover. In contrast, the districts which experienced very little population change (5 percent or less) included: Grey and Red River South.

Population Growth by Districts, Southern Health-Santé Sud, 2012-2022.



Source: Manitoba Health and Seniors Care, Population Report 2011 and 2021

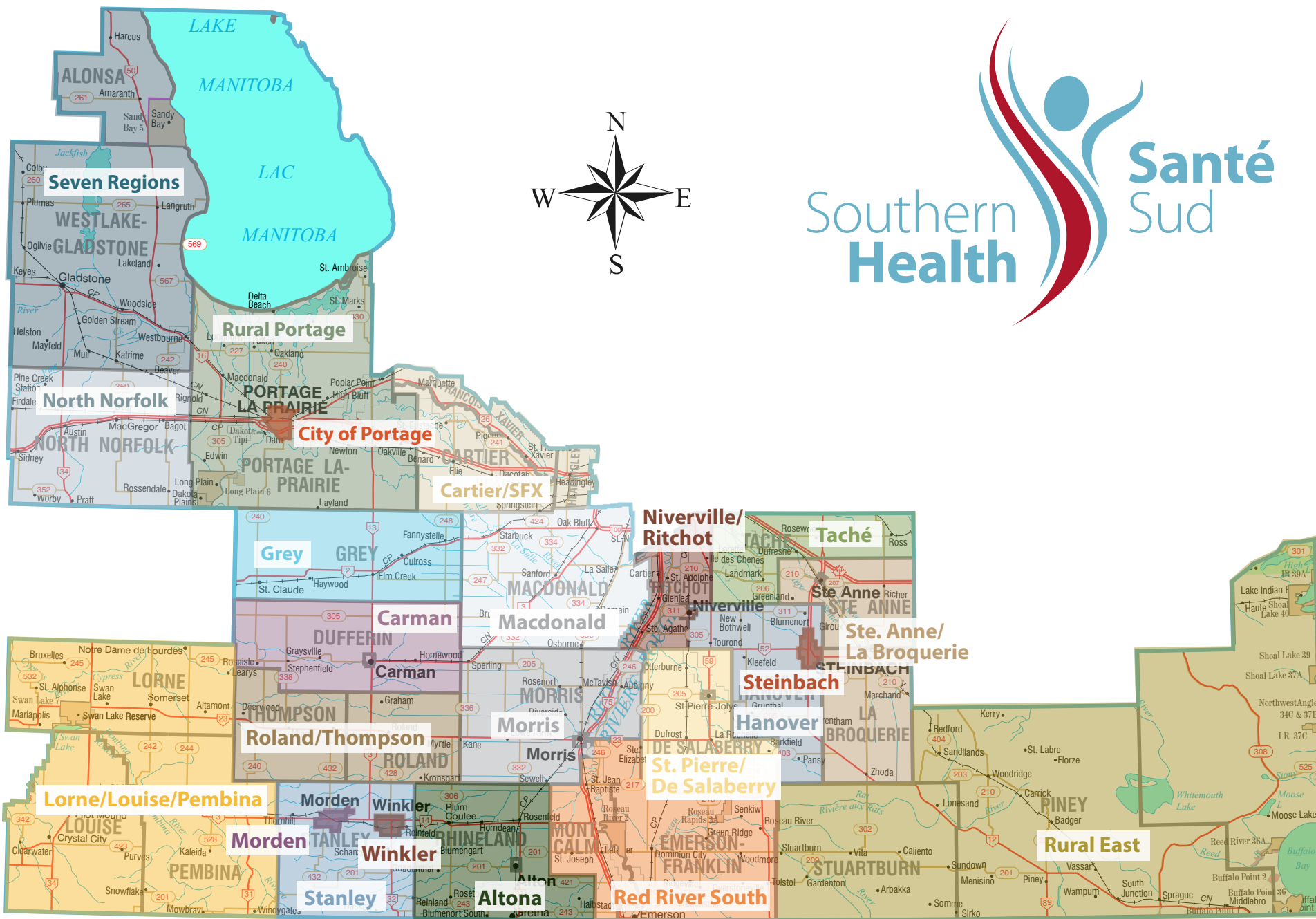
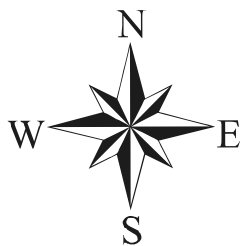
Population Growth by Districts and Municipalities, 2012-2022

Zone 1	Population 2022	Population 2012	Population Change	Percent Change
DISTRICT: Seven Regions	6,591	6,499	465	7.6
Westlake-Gladstone Municipality	3,101	3,052	212	7.3
Alonsa RM	857	848	56	7.0
Sandy Bay Ojibway First Nations*	2,633	2,599	197	8.1
DISTRICT: Rural Portage	7,431	6,832	599	8.8
Dakota Tipi First Nation*	135	112	99	88.4
Dakota Plains First Nation*	43	44	-1	-2.3
Long Plain First Nation*	919	787	132	16.8
Portage RM	6,334	5,889	445	7.6
DISTRICT: North Norfolk Municipality	4,548	4,245	303	7.1
DISTRICT: Cartier-SFX	10,724	7,002	3,722	53.2
Cartier RM	3,383	3,104	279	9.0
St Francois Xavier RM	1,395	1,166	229	19.6
Headingley RM	5,946	2,732	3,214	117.6
DISTRICT: Portage la Prairie City	16,474	15,221	1,253	8.2
ZONE 1 SUBTOTAL	45,768	39,426	6,342	16.1

Zone 2	Population 2022	Population 2012	Population Change	Percent Change
DISTRICT: Grey Municipality	2,896	2,783	113	4.1
DISTRICT: Macdonald RM	9,003	6,777	2,226	32.8
DISTRICT: Red River South	4,713	4,583	130	2.8
Emerson-Franklin Municipality	2,978	2,828	150	5.3
Montcalm RM	1,196	1,224	-28	-2.3
Roseau River Anishinabe FN*	539	531	8	1.5
DISTRICT: Carman	6,005	5,653	352	6.2
Carman T	4,296	3,743	553	14.8
Dufferin RM	1,709	1,910	-201	-10.5
DISTRICT: Morris	5,777	4,986	791	15.9
Morris RM	3,162	2,773	389	14.0
Morris T	2,608	2,213	395	17.8
DISTRICT: St. Pierre-De Salaberry	4,719	4,186	533	12.7
St. Pierre Jolys V	1,689	1,385	304	21.9
De Salaberry RM	3,030	2,801	229	8.2
ZONE 2 SUBTOTAL	33,113	28,968	4,145	14.3

Zone 3	Population 2022	Population 2012	Population Change	Percent Change
DISTRICT: Lorne/Louise/Pembina	8,692	7,913	779	9.8
Lorne Municipality	3,561	3,405	156	4.6
Louise Municipality	2,006	1,881	125	6.6
Pembina Municipality	2,874	2,382	492	20.7
Swan Lake FN*	251	245	6	2.4
DISTRICT: Altona	10,216	9,494	722	7.6
Rhineland Municipality	4,522	4,520	2	0.0
Altona T	5,694	4,974	720	14.5
DISTRICT: Stanley	8,461	5,916	2,545	43.0
DISTRICT: Roland/Thompson	2,262	2,103	159	7.6
Roland RM	1,005	921	84	9.1
Thompson RM	1,257	1,182	75	6.3
DISTRICT: Morden City	11,268	8,932	2,336	26.2
DISTRICT: Winkler City	16,605	14,480	2,125	14.7
ZONE 3 SUBTOTAL	57,504	48,838	8,666	17.7

Zone 4	Population 2022	Population 2012	Population Change	Percent Change
DISTRICT: Niverville-Ritchot	15,785	10,570	5,215	49.3
Niverville T	6,516	4,102	2,414	58.8
Ritchot RM	9,269	6,468	2,801	43.3
DISTRICT: Ste. Anne-La Broquerie	14,439	10,110	4,329	42.8
Ste. Anne T	3,497	2,492	1,005	40.3
Ste. Anne RM	4,501	4,747	-246	-5.2
La Broquerie RM	6,441	2,871	3,570	124.3
DISTRICT: Taché	11,128	9,003	2,125	23.6
DISTRICT: Steinbach City	23,148	20,500	2,648	12.9
DISTRICT: Hanover	17,197	12,061	5,136	42.6
DISTRICT: Rural East	4,387	3,850	537	13.9
Piney RM	1,813	1,725	88	5.1
Stuartburn RM	2,007	1,668	339	20.3
Unorganized Territory	538	429	109	25.4
Buffalo Point FN*	29	28	1	3.6
ZONE 4 SUBTOTAL	86,084	66,094	19,990	30.2



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