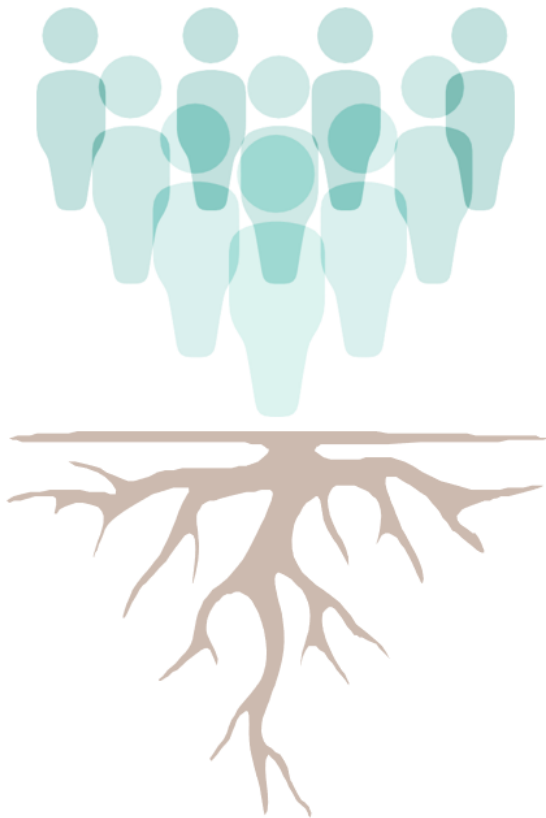




Population Statistics 2023



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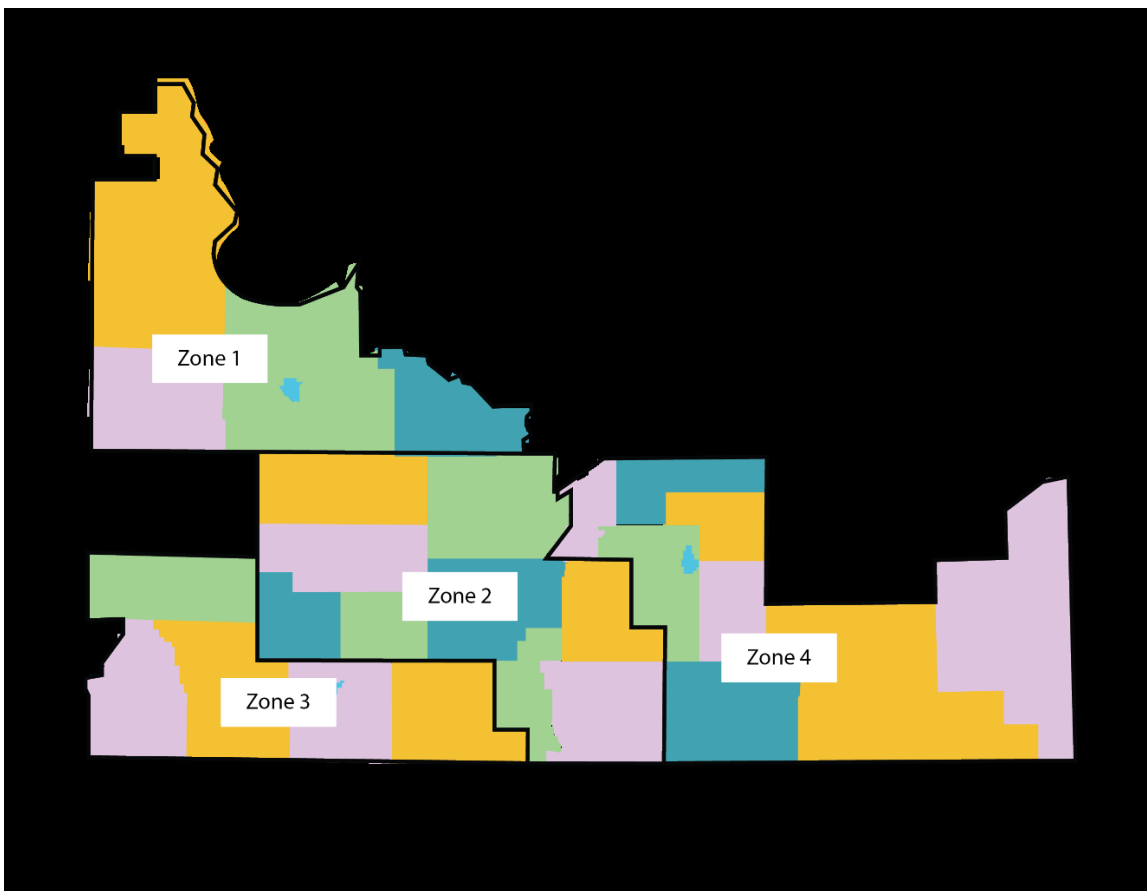
About This Report

The population data shown in this report is based on records of residents actively registered with Manitoba Health as of June 1, 2023 and published by Manitoba Health, Seniors and Long-Term Care. This population database is considered a reliable and accurate estimate of population sizes, and is helpful for understanding trends and useful for health planning purposes.

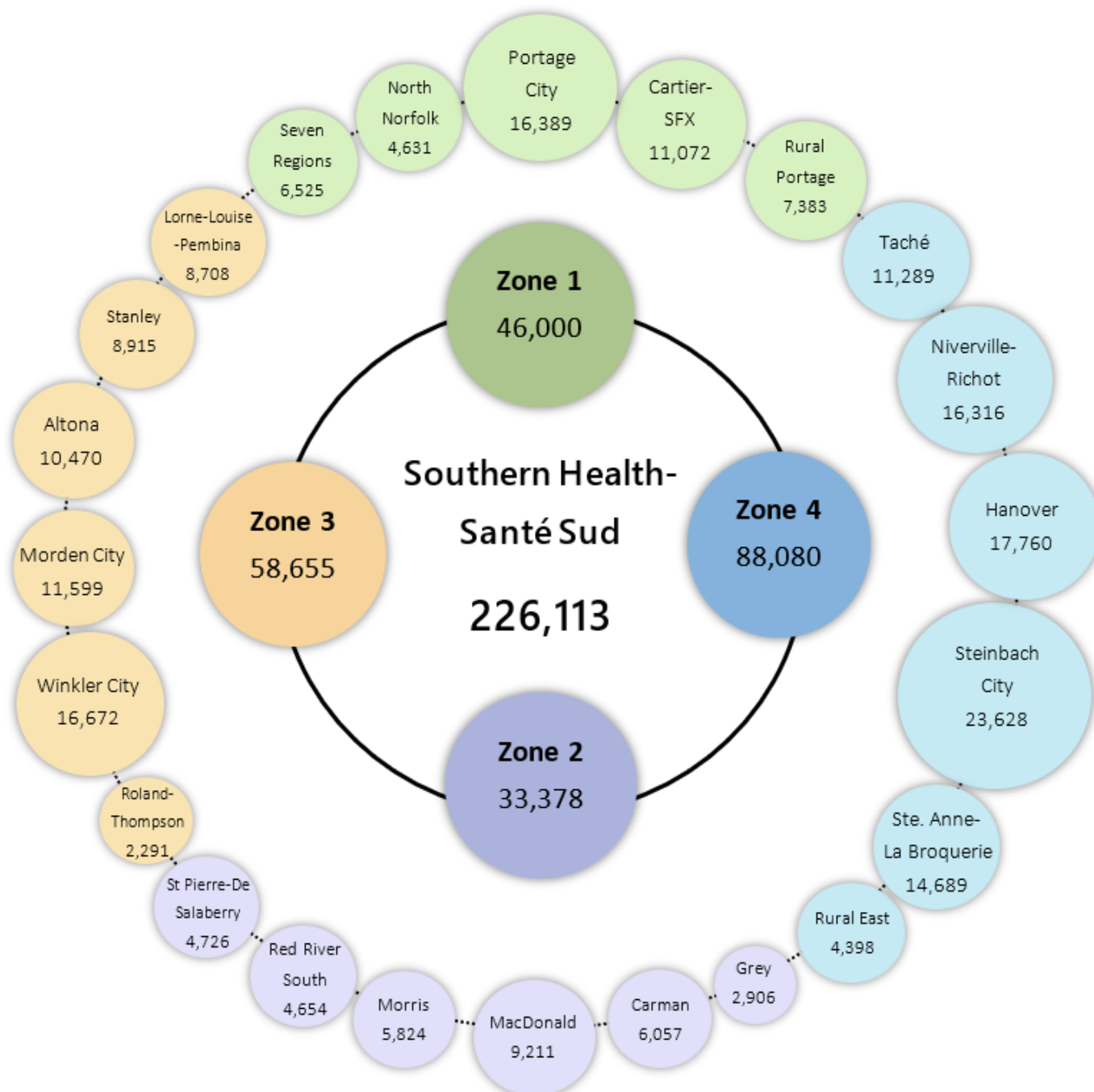
Zone Descriptions

The population report is organized by four smaller geographies within Southern Health-Santé Sud referred to as “zones”.

1. Zone 1 – North Area
2. Zone 2 – Mid Area
3. Zone 3 – West Area
4. Zone 4 – East Area

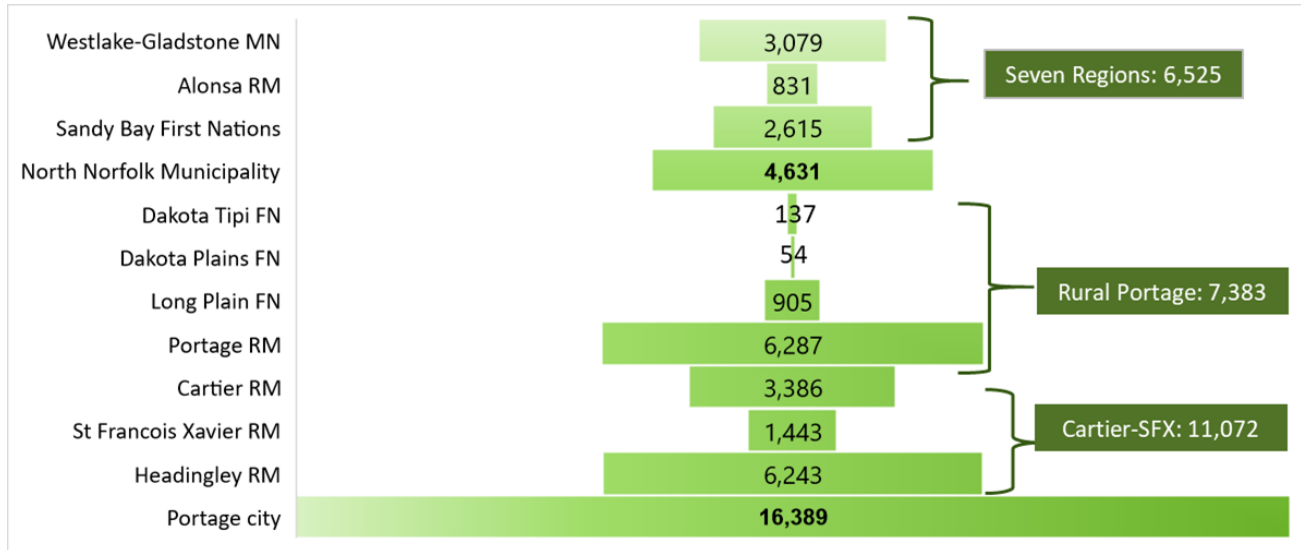


Southern Health-Santé Sud Population 2023



Zone 1

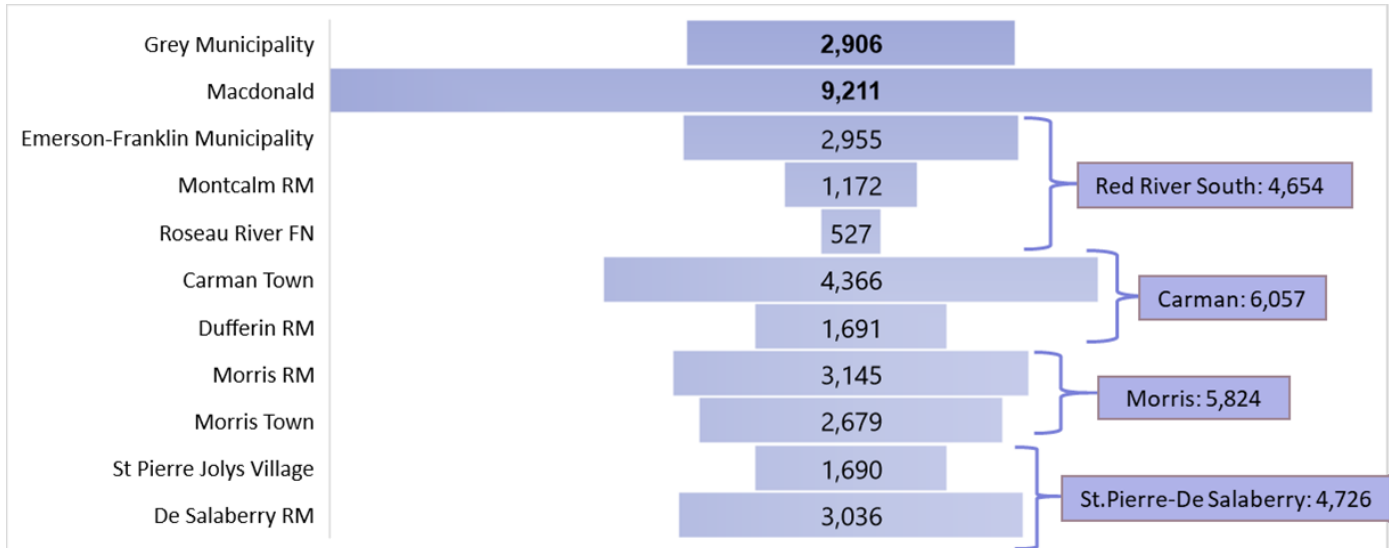
Zone 1 – Population 2023 (46,000)



ZONE 1	2023	2022	Population Change	Percent Change (%)
District: Seven Regions	6,525	6,591	-66	-1.0
Westlake-Gladstone Municipality	3,079	3,101	-22	-0.7
Alonsa RM	831	857	-26	-3.0
Sandy Bay Ojibway First Nations	2,615	2,633	-18	-0.7
District: North Norfolk Municipality	4,631	4,548	83	1.8
District: Rural Portage	7,383	7,431	-48	-0.6
Dakota Tipi First Nation	137	135	2	1.5
Dakota Plains First Nation	54	43	11	25.6
Long Plain First Nation	905	919	-14	-1.5
Portage RM	6,287	6,334	-47	-0.7
District: Cartier-SFX	11,072	10,724	348	3.2
Cartier RM	3,386	3,383	3	0.1
St François Xavier RM	1,443	1,395	48	3.4
Headingley RM	6,243	5,946	297	5.0
District: Portage City	16,389	16,474	-85	-0.5
ZONE 1 NORTH AREA SUBTOTAL	46,000	45,768	232	0.5

Zone 2

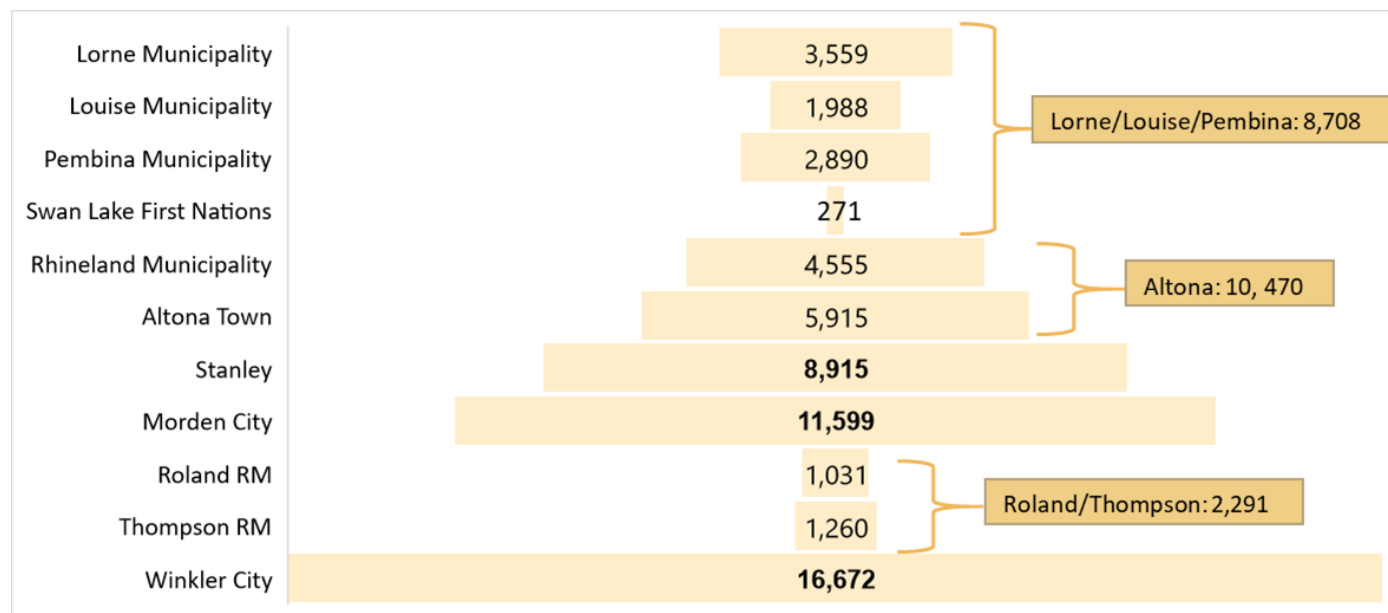
Zone 2 – Population 2023 (33,378)



ZONE 2	2023	2022	Population Change	Percent Change (%)
District: Grey Municipality	2,906	2,896	10	0.3
District: Macdonald RM	9,211	9,003	208	2.3
District: Red River South	4,654	4,713	-59	-1.3
Emerson-Franklin Municipality	2,955	2,978	-23	-0.8
Roseau River Anishinaabe First Nations	527	539	-12	-2.2
Montcalm RM	1,172	1,196	-24	-2.0
District: Carman	6,057	6,005	52	0.9
Carman Town	4,366	4,296	70	1.6
Dufferin RM	1,691	1,709	-18	-1.1
District: Morris	5,824	5,777	47	0.8
Morris RM	3,145	3,162	-17	-0.5
Morris Town	2,679	2,608	71	2.7
District: St Pierre-De Salaberry	4,726	4,719	7	0.1
St. Pierre Jolys Village	1,690	1,689	1	0.1
De Salaberry RM	3,036	3,030	6	0.2
ZONE 2 MID AREA SUBTOTAL	33,378	33,113	265	0.8

Zone 3

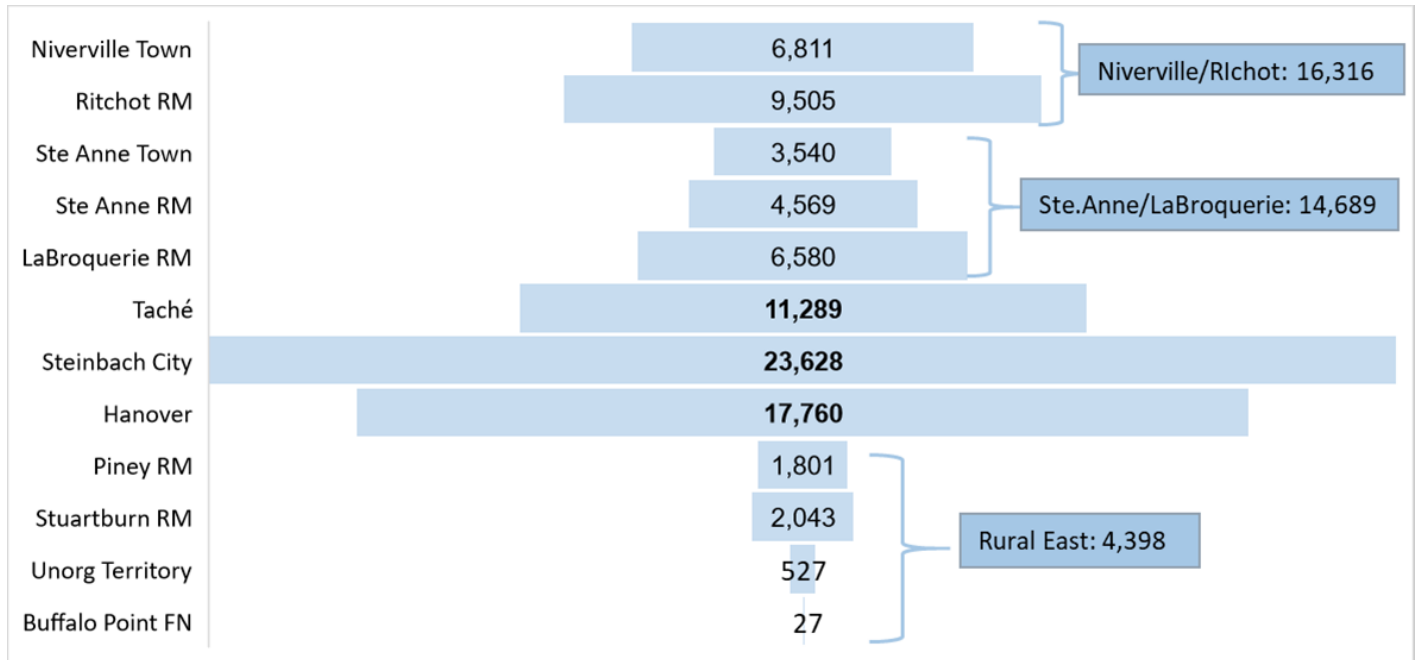
Zone 3 – Population 2023 (58,655)



ZONE 3	2023	2022	Population Change	Percent Change (%)
District: Lorne/Louise/Pembina	8,708	8,692	16	0.2
Lorne Municipality	3,559	3,561	-2	-0.1
Louise Municipality	1,988	2,006	-18	-0.9
Pembina Municipality	2,890	2,874	16	0.6
Swan Lake First Nations	271	251	20	8.0
District: Altona	10,470	10,216	254	2.5
Rhineland Municipality	4,555	4,522	33	0.7
Altona Town	5,915	5,694	221	3.9
District: Stanley	8,915	8,461	454	5.4
District: Morden City	11,599	11,268	331	2.9
District: Roland/Thompson	2,291	2,262	29	1.3
Roland RM	1,031	1,005	26	2.6
Thompson RM	1,260	1,257	3	0.2
District: Winkler City	16,672	16,605	67	0.4
ZONE 3 WEST AREA SUBTOTAL	58,655	57,504	1,151	2.0

Zone 4

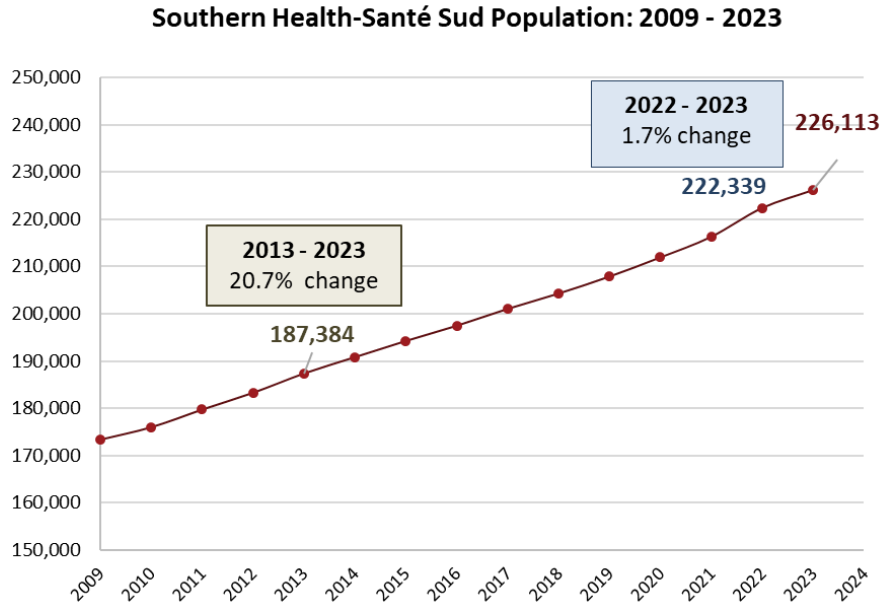
Zone 4 – Population 2023 (88,080)



ZONE 4	2023	2022	Population Change	Percent Change (%)
District: Niverville/Ritchot	16,316	15,785	531	3.4
Niverville Town	6,811	6,516	295	4.5
Ritchot RM	9,505	9,269	236	2.5
District: Ste. Anne/LaBroquerie	14,689	14,439	250	1.7
Ste Anne Town	3,540	3,497	43	1.2
Ste Anne RM	4,569	4,501	68	1.5
La Broquerie RM	6,580	6,441	139	2.2
District: Taché	11,289	11,128	161	1.4
District: Steinbach City	23,628	23,048	580	2.5
District: Hanover	17,760	17,197	563	3.3
District: Rural East	4,398	4,387	11	0.3
Piney RM	1,801	1,813	-12	-0.7
Stuartburn RM	2,043	2,007	36	1.8
Unorganized Territory	527	538	-11	-2.0
Buffalo Point First Nations	27	29	-2	-6.9
ZONE 4 EAST AREA SUBTOTAL	88,080	85,984	2,096	2.4

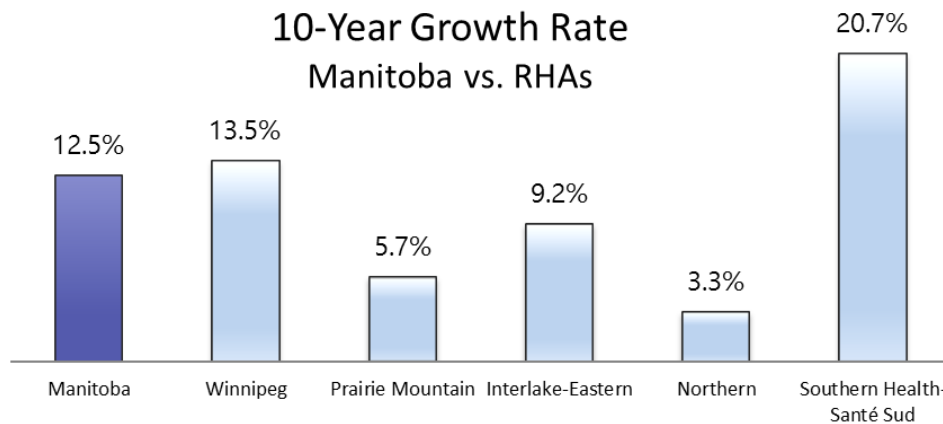
10-Year Population Growth: 2013-2023

Between 2013 and 2023, Southern Health-Santé Sud experienced a 10-year growth rate of 20.7%, adding 38,729 more residents to the current total population of 226,113. From 2022 to 2023, Southern Health-Santé Sud saw a 1.7% growth increase with the addition of 3,744 more residents.



Manitoba RHA Comparisons

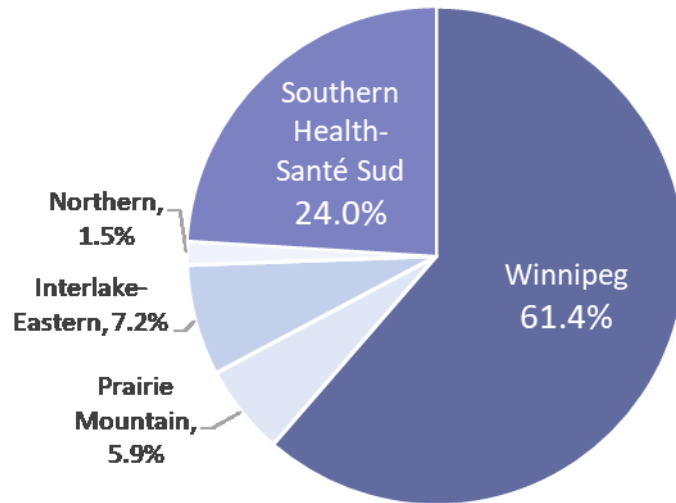
Southern Health-Santé Sud, with a 20.7% increase over the past decade, is Manitoba's fastest-growing RHA against a provincial growth of 12.5%. Winnipeg also grew by 13.5%, outpacing Northern at 3.3%, Prairie Mountain at 5.7%, and Interlake-Eastern at 9.2% among other rural RHAs.



Manitoba has grown over by 161,210 residents over the past decade. While Winnipeg continues to be the primary driver of Manitoba's population increase, contributing 61.4% with 98,928 new residents, Population Statistics 2023: Southern Health-Santé Sud

Southern Health-Santé Sud also plays a significant role, adding 38,729 new residents and accounting for 24% of growth.

At nearly a quarter of total population growth, Southern Health-Santé Sud has seen the largest increase among rural RHAs. This population growth pattern for regions across Manitoba has been fairly consistent over the years.



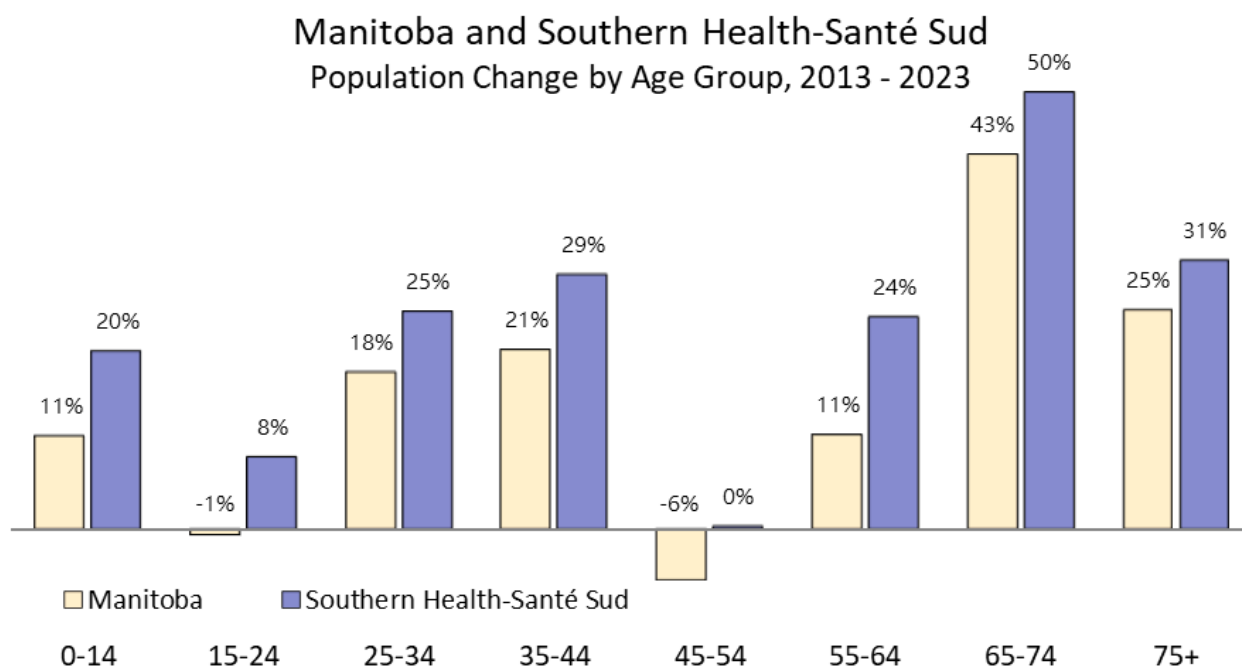
% Contribution to Manitoba Growth: 2013 - 2023

Regional Health Authority	Population 2023	Population 2013	Population Change	Contribution to Manitoba Growth
Winnipeg	833,115	734,187	98,928	61.4%
Prairie Mountain	176,579	167,121	9,458	5.9%
Interlake-Eastern	137,442	125,845	11,597	7.2%
Northern	77,229	74,731	2,498	1.5%
Southern Health-Santé Sud	226,113	187,384	38,729	24.0%
Manitoba	1,450,478	1,289,268	161,210	100%

Age Group Comparisons

Southern Health-Santé Sud's population continues to grow across almost all age groups. Southern Health-Santé Sud sees a significantly higher increase in population than Manitoba within the 0-14 and 55-64 age groups, with a notable difference of 10% or above in both cohorts.

Both Manitoba and Southern Health-Santé Sud are experiencing a large aging population, with the fastest growing cohort being those aged 65-74 years, increasing by 43% in Manitoba and 50% in Southern Health-Santé Sud, respectively. On the contrary, the age range of 45-54 years has either decreased by -6% in Manitoba or remained stagnant at 0% change in Southern Health-Santé Sud.



District and Municipal Population Change

Population Growth by Districts

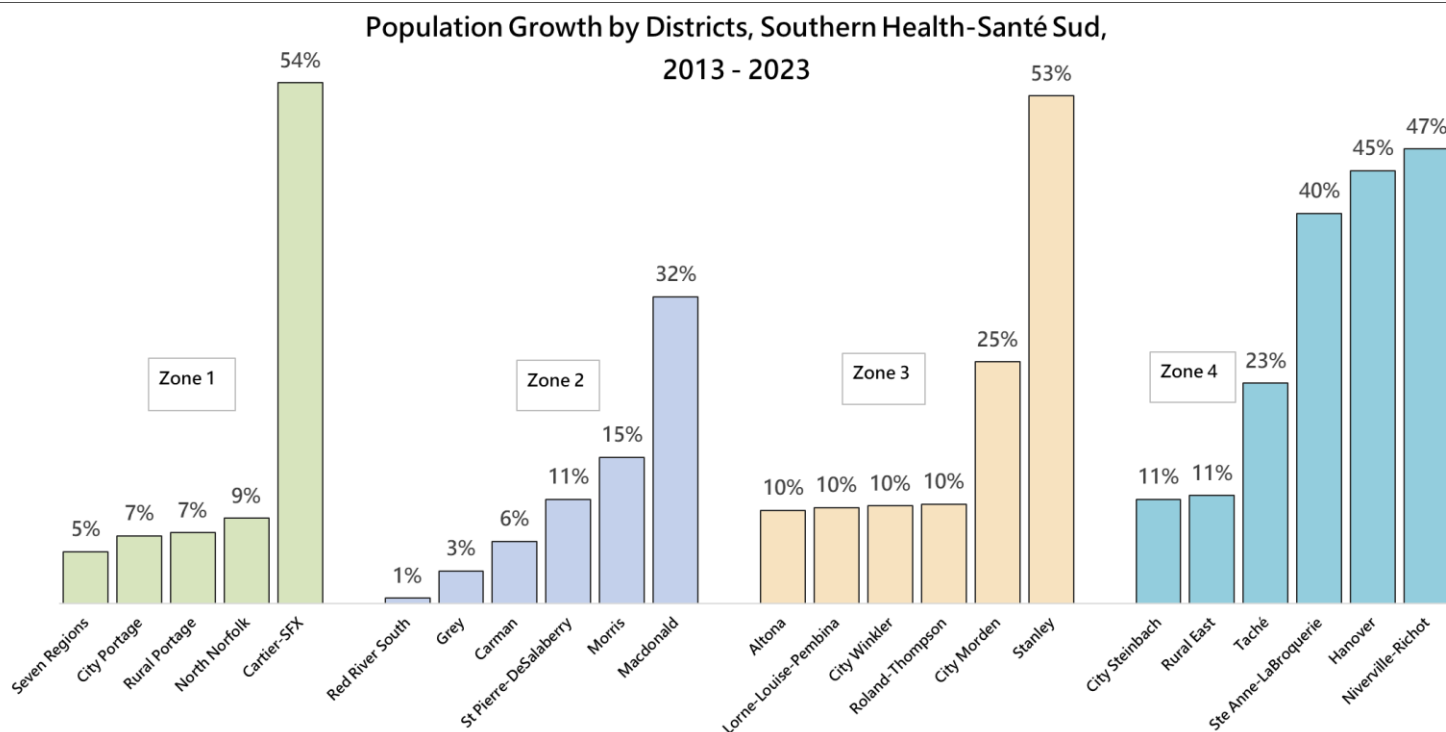
The figure below shows the population growth within the region by districts. The districts of Cartier-SFX and Stanley experienced the highest rates of growth at 54%, and 53% respectively.

The districts which experienced a high population change of 25% or more are:

Cartier-SFX, Macdonald, Morden city, Stanley, Ste Anne – La Broquerie, Hanover, and Niverville-Richot.

In contrast, the districts which experienced the least population change of 5% or less are:

Seven Regions, Red River South, and Grey.



Population Growth by Districts and Municipalities

Zone 1 – 10 Year Population Change

ZONE 1	2023	2013	Population Change	Percent Change (%)
District: North Norfolk Municipality	4,631	4,256	375	8.8
District: Seven Regions	6,525	6,193	332	5.4
Westlake-Gladstone Municipality	3,079	2,969	110	3.7
Alonsa RM	831	768	63	8.2
Sandy Bay First Nations	2,615	2,456	159	6.5
District: Rural Portage	7,383	6,879	504	7.3
Dakota Tipi First Nation	137	128	99	77.3
Dakota Plains First Nation	54	38	16	42.1
Long Plain First Nation	905	828	77	9.3
Portage RM	6,287	5,885	402	6.8
District: Cartier-SFX	11,072	7,194	3,878	53.9
Cartier RM	3,386	3,119	267	8.6
St Francois Xavier RM	1,443	1,203	240	20.0
Headingley RM	6,243	2,872	3371	117.4
District: Portage City	16,389	15,314	1075	7.0
ZONE 1 SUBTOTAL	46,000	39,836	6164	15.5

Zone 2

ZONE 2	2023	2013	Population Change	Percent Change (%)
District: Grey Municipality	2,906	2,811	95	3.4
District: Red River South	4,654	4,628	26	0.6
Emerson-Franklin Municipality	2,955	2,851	104	3.6
Montcalm RM	1,172	1,203	-31	-2.6
Roseau River First Nations	527	574	-47	-8.2
District: St Pierre-DeSalaberry	4,726	4,266	460	10.8
St Pierre Jolys Village	1,690	1,413	277	19.6
De Salaberry RM	3,036	2,853	183	6.4
District: Carman	6,057	5,691	366	6.4
Carman Town	4,366	3,805	561	14.7
Dufferin RM	1,691	1,886	-195	-10.3
District: Morris	5,824	5,058	766	15.1
Morris RM	3,145	2,806	339	12.1
Morris Town	2,679	2,252	427	19.0
District: Macdonald	9,211	6,991	2,220	31.8
ZONE 2 AREA SUBTOTAL	33,378	29,445	3,933	13.4

Zone 3

ZONE 3	2023	2013	Population Change	Percent Change (%)
District: Roland/Thompson	2,291	2,077	214	10.3
Roland RM	1,031	895	136	15.2
Thompson RM	1,260	1,182	78	6.6
District: Lorne/Louise/Pembina	8,708	7,921	787	9.9
Lorne Municipality	3,559	3,430	129	3.8
Louise Municipality	1,988	1,893	95	5.0
Pembina Municipality	2,890	2,346	544	23.2
Swan Lake First Nations	271	252	19	7.5
District: Stanley	8,915	5,843	3,072	52.6
District: Altona	10,470	9,548	922	9.7
Rhineland Municipality	4,555	4,549	6	0.1
Altona Town	5,915	4,999	916	18.3
District: Morden City	11,599	9,277	2,322	25.0
District: Winkler City	16,672	15,142	1,530	10.1
ZONE 3 WEST AREA SUBTOTAL	58,655	49,808	8,847	17.8

Zone 4

ZONE 4	2023	2013	Population Change	Percent Change
District: Rural East	4,398	3,956	442	11.2
Piney RM	1,801	1,755	46	2.6
Stuartburn RM	2,043	1,718	325	18.9
Unorganized Territory	527	455	72	15.8
Buffalo Point First Nations	27	28	-1	-3.6
District: Taché	11,289	9,193	2,096	22.8
District: Ste. Anne/La Broquerie	14,689	10,463	4,226	40.4
Ste Anne Town	3,540	2,515	1,025	40.8
Ste Anne RM	4,569	4,856	-287	-5.9
La Broquerie RM	6,580	3,092	3,488	112.8
District: Niverville/Richot	16,316	11,094	5,222	47.1
Niverville Town	6,811	4,399	2,412	54.8
Ritchot RM	9,505	6,695	2,810	42.0
District: Hanover	17,760	12,262	5,498	44.8
District: Steinbach City	23,628	21,327	2,301	10.8
ZONE 4 AREA SUBTOTAL	88,080	68,295	19,785	29.0

